

# **'Surprised by Age'**

Methodist Homes (MHA) would like to invite you to 'Surprised by Age?' – a morning gathering to explore how ageing, spirituality and faith are at the heart of the Church's mission, based around MHA's own story.

Wednesday 26 March 2014, 9:30am–1:00pm at Epsom Methodist Church, Ashley Road, Epsom KT18 5AQ

The event is free and will be led by Revd Dr Keith Albans, MHA's Director – Chaplaincy & Spirituality. Two breakout sessions will explore a variety of relevant topics, including Dementia, Spirituality and Later Life, Dying and Death and Serving Older People in the Community

To book your free place email [rachel.walker@mha.org.uk](mailto:rachel.walker@mha.org.uk) before 20 March.